











SUMMER LIFE

A Co-Ed Summer Enrichment Experience in the Heart of Toronto, Canada

WELCOME TO UPPER CANADA COLLEGE SUMMER LIFE!

Upper Canada College Summer Life is a co-ed summer-in-residence program for both local and international students aged 9 to 16. The energetic and cosmopolitan backdrop of Toronto provides numerous enrichment opportunities for our campers. The program comprises three sections: Juniors (ages 9-11), Intermediates (ages 12-13) and Leadership (ages 14-16). Campers in the Junior and Intermediate divisions will choose from a wide variety of one-week day camps, with the option of selecting three diverse camp options to experience within their time with our 3-week program. Our Leadership campers participate in UCC's leadership-in-training program, which incorporates a team-centred approach to initiative, volunteerism and mentorship. In summer 2023, the UCC Summer Life program will be continuing our highly popular Norval Exchange overnight 1-week camping trip and Day Student options!

PROGRAM OVERVIEW

From a skating complex that's second to none, to well-equipped, newly renovated and secure boarding houses, UCC's facilities inspire fun, learning and resilience in our participants' every pursuit. Best of all, it is located on 40 beautiful acres in the heart of Toronto, Canada, just a 20-minute drive from Pearson International Airport. UCC's Summer Life experience offers students the opportunity to select from a wide range of day camp programs:

Soccer GameTech Robotics Dance

Golf Senior Landsports

Theatre Arts Visual Arts

Coding English Enrichment

Debate and Public Speaking

Baseball And more!

Hockey See our website for the complete Space list of all day camp programs.

Basketball

See our website for the complete list of all day camp programs. Students will spend their days integrated into UCC's day camp population, making connections with local campers and enhancing their English language skills. The program also includes the following

- 24-hour residence supervision by qualified UCC staff and certified teachers with a low 5:1 ratio
- A safe and secure environment, with on-campus security and access to on-campus first aid services
- Shared accommodation in recently renovated boarding houses
- Three healthy meals per day, plus evening snack delivered to boarding houses









- Engaging afternoon and evening experiences, including swimming, tennis, creative writing, public speaking and debate seminars
- Exposure to volunteer and leadership opportunities, outdoor education and Canadian culture
- Airport pick-up and drop-off services by UCC Summer Life staff, ensuring safe travels for all students

UCC Summer Life Specialty Programs in 2023

The *Norval Exchange* program fosters leadership, initiative and teamwork through adventure, while participants learn about Canada's rural geography at UCC's outdoor education campus. During the one-week program, students are accompanied by our certified teachers and outdoor education instructors while learning technical skills associated with wilderness survival, food preparation and orienteering. Students will explore the rural landscape on a 20km hiking and camping trip, where they will develop their outdoor cooking skills and learn how to set up their tents. Students will attend educational and hands-on sessions on gardening, geocaching, fishing, apiary upkeep and navigation. Spaces for this enrichment program are limited — reserve your child's spot soon! We will offer two options for Norval Exchange weeks in summer 2023.

The **Summer Life Day Student** option enables students to live off campus with local guardians or homestay families. Students who choose the Day Student option attend the Summer Life program from breakfast at 7:30 a.m. to evening activities until 9 p.m. Please note, UCC Summer Life will not be organizing accommodations or transportation for day students, families must find local accommodations if the day option is chosen.





Fast Fact: Since the start of the UCC Summer
Life program, we have welcomed students from
over 17 different countries! Some of these
countries are Oman, Brazil, Vietnam, Turkey,
China, Japan, Korea and Italy!





EVENING AND WEEKEND EXCURSIONS

On evenings and weekends, students participate in cultural excursions to local landmarks in and around Toronto.

Participants in the UCC Summer Life program will visit some of Toronto's and Ontario's most popular tourist attractions, including the CN Tower, Niagara Falls, Ripley's Aquarium, the Royal Ontario Museum and Centre Island.

They will also enjoy time at UCC's Norval Outdoor School, our 430-acre outdoor education facility, located one hour northwest of the city.

FOOD

Summer Life students enjoy three nutritious meals in our campus dining room. Meals are made fresh each day, prepared in our on-site kitchen. Allergies and dietary restrictions can be accommodated.

ACCOMMODATION

Summer Life students live in UCC's recently renovated residence buildings, Seaton's House and Wedd's House. Each house offers comfortable common spaces and games rooms. Males and females board in separate buildings. Each student's room comes fully furnished with bed linens, a desk and chair, a secure place to lock personal belongings and wifi access.

SUMMER 2023 SESSION DATES

Session A - July 2 to July 22, 2023 Session B - July 23 to August 12, 2023



UCC SUMMER LIFE PROGRAM OPTIONS:

Option #1: Summer Life Program
Regular Stream

\$4,995 CDN + HST per 3-week session

Option #2: Summer Life Program plus the Norval Exchange \$5,495 CDN + HST per 3-week session Option #3: Summer Life Day Student \$3,995 + HST CDN per 3-week session

((Program fees include health insurance, all excursions and trips, food and accommodation for the 3-week program, and 1-hour of English enrichment every evening.)









UPPER CANADA COLLEGE

UCC SUMMER LIFE PROGRAM SAMPLE SCHEDULE

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
WEEK 1	Arrival Day Pick Up from Toronto Pearson Airport by UCC Staff Welcome Dinner	Breakfast First Day of UCC Day Camps Lunch UCC Day Camps Program Orientation Dinner Creative Writing Floor Activities and Campus Tour Personal Time Lights Out Leadership Program attends Leadership Camp wiff local campes	Breakfast UCC Day Camps Lunch UCC Day Camps Swimming Dinner Tour Toronto: CN Tower Lights Out	Breakfast UCC Day Camps Lunch UCC Day Camps Swimming Dinner Creative Writing Ice Cream in Village Personal Time Lights Out	Breakfast UCC Day Camps Lunch UCC Day Camps Mystic Drumming Dinner Creative Writing Canadian Culture Seminar Personal Time Lights Out	Breakfast UCC Day Camps Lunch UCC Day Camps Swimming Dinner Bowling Lights Out	Breakfast Niagara Falls Hornblower Cruise Niagara Outlet Mall Dinner Sports & Movie Night Personal Time Lights Out
WEEK 2	Breakfast Canada's Wonderland Amusement Park Return for Dinner Personal Time Optional Walk to local shops Lights Out	Breakfast UCC Day Camps Lunch UCC Day Camps Swimming Dinner Creative Writing Walk to the Village Lights Out Norval Exchange Departs for their 1-Week Camping Tip Laddership Program attends Laddership Program attends	Breakfast UCC Day Camps Lunch UCC Day Camps Field Games Dinner Creative Writing Egg-Drop Competition Personal Time Lights Out Novoil Eschange Departs Their H-Wek-Camping Tip	Breakfast UCC Day Camps Lunch UCC Day Camps Ripleys Aquarium and Medieval Times Dinner & Tournament Lights Out Noval Eschange Biparts for their 1-Week Camping Trip	Breakfast UCC Day Camps Lunch UCC Day Camps Swimming Dinner Creative Writing Tie-Dye Camp T-shirts and Yoga Personal Time Lights Out Noval Exchange Departs for their 1-Weck Camping Tipe	Breakfast UCC Day Camps Lunch UCC Day Camps Capture the Flag Dinner Skyzone Trampoline Park Lights Out Noval Exchange Departs for their 1-Week Camping Trip	Breakfast Norval: UCC's Outdoor Education Campus Canoe, Hike, Swim, Ropes Course, Campfire Return in Time for Lights Out
WEEK 3	Breakfast Ontario Science Centre and Imax Picnic Lunch Dinner Personal Time Lights Out	Breakfast UCC Day Camps Lunch UCC Day Camps Swimming Dinner Creative Writing Badminton Tournament Personal Time Lights Out	Breakfast UCC Day Camps Lunch UCC Day Camps Summer Life Mural Dinner Creative Writing Soccer Baseball Personal Time Lights Out	Breakfast UCC Day Camps Lunch UCC Day Camps Oriole Parkette Dinner Creative Writing UCC's Amazing Race Lights Out UT Oversight Camping	Breakfast UCC Day Camps Lunch UCC Day Camps Robotics Seminar Blues Shop BBQ Dinner Carnival Lights Out UT Overright Camping Triple Newal	Breakfast UCC Day Camps Lunch UCC Day Camps Dinner Music & Award Banquet Extended Personal time for packing Lights Out	Breakfast Departure Day
WEEK 4	Arrival Day Pick Up from Toronto Pearson Airport by UCC Staff Welcome Dinner	Breakfast First Day of UCC Day Camps Lunch UCC Day Camps Program Orientation Dinner Creative Writing Floor Activities and Campus Tour Personal Time Lights Out	Breakfast UCC Day Camps Lunch UCC Day Camps Swimming Dinner Tour Toronto: CN Tower Personal Time Lights Out	Breakfast UCC Day Camps Lunch UCC Day Camps Swimming Dinner Creative Writing Canada Day Celebration Personal Time Lights Out	Breakfast UCC Day Camps Lunch UCC Day Camps Mystic Drumming Dinner Creative Writing Canadian Culture Seminar Personal Time Lights Out LIT Oyemight Camping Tipp to Norval	Breakfast UCC Day Camps Lunch UCC Day Camps Swimming Dinner Laser Tag & Bowling Personal Time Lights Out	Breakfast Niagara Falls Hornblower Cruise Niagara Outlet Mall Dinner Personal Time Optional Activities
WEEK 5	Breakfast Canada's Wonderland Amusement Park Return for Dinner Personal Time Optional Walk to local shops	Breakfast UCC Day Camps Lunch UCC Day Camps Swimming Dinner Creative Writing Walk to village Personal Time Lights Out Noval Exchange Departs for thet 1-Weck Camping Tip Laddership Program attends Laddership Program attends	Breakfast UCC Day Camps Lunch UCC Day Camps Field Games Dinner Creative Writing Egg-Drop Competition Personal Time Lights Out Noval Euchange Operts	Breakfast UCC Day Camps Lunch UCC Day Camps Ripley's Aquarium and Medieval Times Dinner & Tournament Light Out Noval Exchange Departs for their 1-Week Camping Trip	Breakfast UCC Day Camps Lunch UCC Day Camps Swimming Dinner Creative Writing Tie-Dye Camp T-shirts and Yoga Personal Time Lights Out Norval Exchange Pepars for their 1-Week Camping Tire	Breakfast UCC Day Camps Lunch UCC Day Camps Capture the Flag Dinner Skyzone Trampoline Park Lights Out Noval Exchange Departs for their 1-Week Camping Tip	Breakfast 4 week campers to Tree-top Trekking with picnic lunch Dinner Free Time Lights Out
WEEK 6	Breakfast Ontario Science Centre and Imax Picnic Lunch Dinner Personal Time Lights Out	Breakfast UCC Day Camps Lunch UCC Day Camps Swimming Dinner Creative Writing Badminton Tourament Personal Time Lights Out Leadership Program attends Leadership Camp with local campers	Breakfast UCC Day Camps Lunch UCC Day Camps Cooking Lessions Dinner Creative Writing Soccer Baseball Personal Time Lights Out	Breakfast UCC Day Camps Lunch UCC Day Camps Oriole Parkette Dinner Creative Writing UCC's Amazing Race Lights Out	Breakfast UCC Day Camps Lunch UCC Day Camps Blues Shop BBQ Dinner Carnvial Lights Out	Breakfast UCC Day Camps Lunch UCC Day Camps Free Time Dinner Music & Awards Banquet Extended Personal time for packing Lights Out	Breakfast Departure Day







UCC CAMPUS MAP

- 1 The Gate House
- 2 Preparatory School
- 3 Admission Office
- 4 Learning Garden
- 5 William P. Wilder '40 Arena
- 6 Upper School
- Laidlaw Hall
- 8 Horizons Office (main) Swimming Pool (bsmt)
- Macintosh Library (main) David Chu Theatre (bsmt)
- 10 Hewitt Athletic Centre
- Student Centre
- Massey Quadrangle
- Grant House
- 4 Boarding Houses
- **45** Association Office



UCC offers 29 different day camp programs, a great opportunity for our Summer Life campers to integrate into the local Toronto community and make lasting friendships!

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STUDENT TESTIMONIALS

"The memories I have forged at Summer Life are some of the best in my life and I'll truly cherish them as long as I live.

The Leadership program taught me valuable skills that I will bring to future experiences." - Brian, Hong Kong, age 16

"Thank you for teaching me and creating fun activities and trips around Toronto — this is the most fun I have had at a summer camp." - Phuoc, Vietnam, age 13

"I had the time of my life! Such a great experience! - Abdul, Oman, age 15

"I have learnt so many new things at Summer Life — I didn't play baseball until I had the chance to at UCC!

- Maggie, China, age 11

"My favourite memory from UCC was to be with (students from) different cultures and to be with all my friends. it was so good to be in Canada!" - Maria Vitoria, Brazil, age 17



For information, visit www.ucc.on.ca/summer/summer-life

Registration opens December 1, 2022.

Contact: Emma Kanga, UCC Summer Programs Manager 416-488-1125, ext. 2253 | summerlife@ucc.on.ca

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