



# SUMMER CAMP

## FIELD GUIDE

2018

**Weekly themes, dress-up days, field trips and even more activities that help kids grow and learn:**

- Healthy eating & physical activity
- Community connections
- S.T.E.A.M. (science, technology, engineering, arts, math)
- Character development
- Games & challenges

# THE BEST WEEKS OF SUMMER. RIGHT HERE AT LIFE TIME.

Explore, play and grow all summer long at Life Time. Your kids will enjoy full days of play, thrilling field trips and healthy activities – all at one great place and price.

## A FEW THINGS TO KEEP IN MIND AS YOU MAKE YOUR CAMP SELECTIONS:

### Camp Drop-Off & Pick-Up

Camps start at 8am (look at the attached schedule for specific time and duration of your camp). It is very important that campers are picked up on time. There is a late fee policy.

Drop campers off as early as 7am for \$30 per week. They must be registered for a camp starting at 8am.

### Lunch

At our all-day camps, you have the option to purchase a lunch for a low daily price, or pack your own.

We do not provide lunchtime for half-day camps, so please make sure your child eats before camp.

### Snacks

We provide snacks, juice and water throughout the day.

### Attire

Kids should wear comfortable clothing and active shoes for activities such as swimming, rock climbing and games. If your club has rock climbing, skirts and dresses should be work with shorts underneath.

### Swimming

Most camps have swimming, so pack a swimsuit and sunscreen (towels provided). Team members cannot apply sunscreen, so apply in advance and make sure they know how to reapply. If your child absolutely requires assistance to remain safe in the sun, you may sign a waiver and send them with spray sunscreen that does not need to be rubbed into the skin.

### Registration

Please be thorough and fill out every field. If a line is not applicable, write N/A. Drop the form at the Activity Center. Space is limited and camps fill up quickly.



# DISCOVER A NEW ADVENTURE EVERY WEEK.

## SIGNATURE FULL-DAY CAMP

**Ages:** 4–12 years

**Days:** Monday through Friday

**Time:** 8am–6pm, with 7am early drop-off available for \$30/week or \$10.00 a day

**Cost:** \$255.00 per child purchased by June 30, 2018. \$260.00 per child as of July 1, 2018.

**Overview:** Each week includes lesson plan elements such as Character Development, Weekly Warrior Challenges, Community Connections, Daily “Cool Down” Reading, S.T.E.M. Activities (science, technology, engineering, math), and emphasis on the importance of Healthy Eating and Physical Activity. In addition, each week has a fun overall theme which influences specific activities, dress-up days and other special surprises. Themes and descriptions are listed for each week below.

### Foam Battles

There can only be one winner. Is it you? This week, we’ll foam battle it out creating our own bunkers, target and obstacle courses. Be prepared to get your game face on.

**Week:** July 2<sup>nd</sup>

**Field Trip:** TBD

**Price:** \$260.00 (+tax)

### Culinary Creations

What’s that delicious smell? It’s coming from Life Time Summer Camp. Get ready to take it to the “kitchen” and get your culinary experience on. We’ll play the part, making our own chef’s hat, creating quick and healthy recipes, and even dabbling in the science side with bread left in the pantry for too long.

**Week:** July 9

**Field Trip:** TBD

**Price:** \$260.00 (+tax)

### Galaxy Wars

Alright space explorers... it’s time to gear up, learn some awesome space facts, and zap through some galactic games during this wild camp week. Cosmic Campers will create Milky Way play-dough, design your own solar systems and make star-gazing telescopes.

**Week:** July 16

**Field Trip:** Sky Zone

**Price:** \$260.00 (+tax)

### It’s a Thingamajig

Calling all inventors! Do YOU have what it takes to come up with the next great idea? This week, we’re putting our thinking caps on and designing masterpieces that could change the world...or at least our camp day. Creative campers will design straw roller coasters, build bridges and power a car with nothing but air. Off to the lab.

**Week:** July 23

**Field Trip:** Ripley’s Aquarium

**Price:** \$260.00 (+tax)

### Game On!

Let’s get ready to ruuuumble! Whether you’re fast, clever, sneaky, brave or just FUN, every camper will have a blast playing a variety of physical, thinking, wacky, competitive and cooperative games. The fun doesn’t stop this week, and neither does the action.

**Week:** July 30

**Field Trip:** Medieval Times

**Price:** \$275.00 (+tax)

### Snap, Crackle, Explode!

Don’t worry parents. Everything is under control. We’re just creating mini explosions here at Life Time Camp. And did we mention the messier the better? Join us this week for a blasting good time.

**Week:** August 7 (No Camp on Monday, Aug 6<sup>th</sup>) **Field Trip:** Playcious **Price:** \$200.00 (+tax)

# DISCOVER A NEW ADVENTURE EVERY WEEK.

## Pack Your Passport

Pack up your camp bag and get ready to explore different cultures and countries around the world during this exciting week. Fearless “travelers” will design airplane launchers, design your own “passports”, and create recipes and trinkets from different countries. Don’t forget your toothbrush!

**Week:** August 13

**Field Trip:** Onsite – Mystic Drumz

**Price:** \$260.00 (+tax)

## Ninja Warrior

Unleash your inner warrior this week. Campers battle daily to become stronger and better, and cheer each other on. Ninja warriors aren’t just physical. They’re also brave, kind and smart. During this special week, warrior campers will design ninja bots, make your own throwing stars and create ninja-focus stress balls or fidget spinners.

**Week:** August 20

**Field Trip:** Ninjaz Warriors Canada

**Price:** \$275.00 (+tax)

## Grossology

Get ready to get dirty and be totally GROSSED out. If you like eyeballs, worms and vomit. This is the week for you. Beware, this week isn’t for the faint hearted. Don’t worry, parents. The mess stays at Life Time! (That’s if you can handle it!)

**Week:** August 27

**Field Trip:** On Site – Chamelea Science

**Price:** \$260.00 (+tax)

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## Registration to non-member friends

Summer is meant for hanging out with friends. And now that you've registered your child for Summer Camp, you can invite your child's friends along for the fun for just an additional \$50.00 on the cost of camp for non-members.

## Ratios:

- Junior Camp - 1:6 ratio onsite and offsite
  - Junior campers (4-5 years old) – Born in 2013 and 2014. Must be 4 by the time camp week starts.
  - Swimming on Tuesday and Thursday
- Senior Camp – 1:10 onsite and 1:7 offsite
  - Senior Campers (Ages 6-12 years old) – Born in 2012 until 2006
- Swimming Ratios:
  - Swimmer: Children who pass the swim test by being able to swim the 25 meter lap lane unassisted will be in a
  - Children who do not pass or don’t want to take the swim test will be in a 1:3 ratio and will wear a life jacket

## Drop in Fees:

- If you wish to sign up for camp the day of and there is space available there will be an additional payment of \$10 per day and \$25 per week.

# SPECIALTY CAMPS

## Boys Camp

Lesson Plan Elements includes Art Exploration, Science, Drama, Martial Arts, Character-building, Special Crafts, emphasis on Healthy Eating and Physical Activity. Each week is sprinkled with special activities and treats that set this camp apart from our co-ed Signature Camp.

**Date:** July 9<sup>th</sup> **Ages:** 6–12 years **Time:** 8am–6pm **Field Trip:** Laser Tag **Price:** \$300.00 (+tax)

## Girls Camp

Standard Lesson Plan Elements includes Art Exploration, Science, Drama, Martial Arts, Career Days, Character-building, Special Crafts, emphasis on Healthy Eating and Physical Activity. Each week is sprinkled with special activities and treats that set this camp apart from our co-ed Signature Camp.

**Date:** August 13<sup>th</sup> **Ages:** 6–12 years **Time:** 8am–6pm **Price:** \$300.00 (+tax)  
**Field Trip:** 4 Cats Art Studio

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## Art Camp

Calling all little artists! Join us for a variety of art activities that will let our young Picassos express themselves. **\*\* No Camp on Wednesday \*\***

**Date:** July 23<sup>rd</sup> **Ages:** 6–12 years **Time:** 8am–1pm **Price:** \$185.00 (+tax)

## Gymnastics Camp

Learn the proper technique for all the gymnastic moves you have ever wanted to master. Utilize the amazing tumbling studio to perfect the moves. **\*\*No Camp on Wednesday\*\***

**Date:** July 23<sup>rd</sup> **Ages:** 6–12 years **Time:** 1pm–6pm **Price:** \$185.00 (+tax)

Want to make it a full day of camp 8am-6pm and try out both Art & Gymnastics Half day camps? No problem! Full day price: \$280.00 (plus tax). Lunches can be purchased per day or brought from home. If you need camp on Wednesday, you can join the signature camp field trip Ripley's Aquarium for \$70.00 (plus tax).

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## Science Camp

Off to the lab... Calling all mad scientists! Join us for a variety of science activities that will let our young scientist create and designing masterpieces that could change lifetime camps or the world. **\*\* No Camp on Wednesday \*\***

**Date:** August 20<sup>th</sup> **Ages:** 6–12 years **Time:** 8am–1pm **Price:** \$185.00 (+tax)

## Sports Sampler Camp

Get the chance to try out a number of exciting sports all in one day. Learn the skills and fundamentals of soccer, basketball, hockey and many more. Bring your running shoes, athletic wear and a bottle of water. **\*\* No Camp on Wednesday \*\***

**Date:** August 20<sup>th</sup> **Ages:** 6–12 years **Time:** 1pm–6pm **Price:** \$185.00 (+tax)

Want to make it a full day of camp 8am-6pm and try out both Science & Sports Sampler Half day camps? No problem! Full day price: \$280.00 (plus tax). Lunches can be purchased per day or brought from home. If you need camp on Wednesday, you can join the signature camp field trip to Ninjaz Warriors for \$75.00

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# CAMP POLICIES

## General Camp Policies

1. Wear athletic shoes and dress comfortably for activity and weather.
2. Bring a lunch and water bottle. Lunches available for purchase.
3. Label all personal belongings.
4. To enroll, a registration form with payment is required to hold your spot.
5. Additional paperwork may be required for each participant prior to the first day. (Ex: Immunization records, etc.)
6. Field trips are subject to change.

## Summer Camp Instructions

1. Find your camp.
2. Complete a registration form with full payment or deposit and submit to the Activity Center.
3. Complete the following paperwork prior to the start of your camp:
  - \_\_\_\_\_ Participation Agreement
  - \_\_\_\_\_ Climbing Waiver, if your child's camp includes rock climbing
  - \_\_\_\_\_ Disciplinary Acknowledgment Form
  - \_\_\_\_\_ Field Trip Agreement (initialed)

Campers will not be allowed to participate until all forms are completed.

## Cancellation Policy

**Refund Policy.** All cancellation requests must be made in writing to the Activity Center. A \$50 non-refundable deposit will be required for all camps. The \$50 non-refundable deposit is included in the full week payment amount.

• **Payment Plan Refund Policy.** If a cancellation request is received more than 14 days before the first day of camp, I will receive a refund for the amount paid for each week of camp less the \$50 non-refundable deposit. If a cancellation request is received by Life Time less than 14 days prior to the first day of camp, I will be responsible for all camp payments/fees. I understand that failure to make a payment on any due date (whether in person or rejected EFT draft) will cancel my participant's registration.

• **Paid-In-Full Refund Policy.** If a cancellation request is received 30 days or more before the first day of camp, I will receive a full refund of all camp fees paid including the \$50 deposit. If a cancellation request is received 14 to 29 days prior to the first day of camp, I will receive a refund for the amount paid for each week of camp less the \$50 non-refundable deposit. If a cancellation request is received by Life Time less than 14 days prior to the first day of camp, I will forfeit all fees for camp services.

• **T-Shirts.** If the camp has a T-Shirt fee, it must be paid with the deposit and is non-refundable

## Contact the Activity Center for more information:

Life Time Vaughan

**Address:** 7405 Weston Rd. Vaughan, ON, L4L 8R2

**Phone:** 289-290-6618

# CAMP POLICIES

## Field Trip Information

Suggestions to pack for field trip days:

- Please let us know of any allergies and provide your child's epi-pen.
  - If it is an outdoor field trip please provide spray on sunscreen for your child.
  - Spare clothes
  - Water bottle
  - Lunch or purchase lunch through Life Time
  - Money is optional and we suggest no more than \$20
  
- Don't Forget your Summer Camp Field Trip T-shirt!
- Make sure you check the time you need to drop off for Field Trip Days, as some trips leave first thing in the morning.
  
- **July 18<sup>th</sup>** – Skyzone
  - Waivers need to be filled out for Skyzone. Please make sure to fill out and hand in before our field trip.
  
- **August 2<sup>nd</sup>** – Medieval Times –
  - Lunch will be included with this field trip so you won't have to order lunch on Wed.
  - The lunch options:
    - Meat Meal - garlic bread, ¼ chicken, herb basted potato, ½ corn on the cob
    - Vegetarian Meal- 3 bean veggie stew with herb basted potatoes
    - Halal Meal
  
- **August 22<sup>nd</sup>** – Ninjaz Warriors
  - Waivers need to be filled out for Ninjaz warriors. Please make sure to fill out and hand in before our field trip.