

TEEN RANCH

Summer Camp



Over 50 Years of Excellence
www.teenranch.com



SUMMER CAMP

Aiming Higher at Teen Ranch

Located in the beautiful Caledon Hills, Teen Ranch is here to provide an exceptional, well-balanced, life shaping camp experience for your kids ages 8 - 18. In an environment with positive role models and built on a foundation of Christian faith and morality, campers are given the opportunity to learn skills and make wonderful friendships that will last a lifetime. Since 1967, the Teen Ranch staff family have had the privilege of serving thousands of guests from around the world. Visit us anytime, we would love to meet you!

Mel Stevens – Founder

Tim Stevens – Director

"Thank you ALL for making this the most wonderful summer ever. My daughter has grown so much in who she is and how she sees not only herself, but others as well. She has built incredible friendships and a stronger belief in God." - Parent

"I went to Teen Ranch as a 12 yr old. It was the best time of my life. Just went to your website and thank you from the bottom of my heart for still being there. You taught me so very much. What a wonderful place, and the memories are priceless. Bless all of you." -Deb

A Typical Camp Day

8:00 am	Breakfast
9:00 am	Program of Choice (e.g. hockey, horses, etc.)
12:30	Lunch
1:15 pm	Bunk Room Time –catch-up, clean-up, life-talk
2:00 pm	Afternoon Activities
5:30 pm	Dinner
7:00 pm	Camp-wide games
8:30 pm	Campfire – songs, skits, speaker
9:30 pm	Retire to your bunk room

Snack bar is open a few times throughout the day.

Saturday am pick-up: Campers demonstrate what they have learned!

"...the best people, the best meals, the best trip I ever had in my life!!!" Camper

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HOCKEY CAMP

Teen Ranch is home to an Olympic size ice rink and offers professional instruction coordinated by Liberty University graduate and All American, Brent Boschman. Brent, a highly regarded instructor, and coach, holds a degree in Sports Management, is the Liberty Flames second-leading scorer in the team's history and is the son of NHL'er Laurie Boschman. Other professional guest instructors join our Coaches throughout the summer. Campers enjoy three hours of ice time daily plus a one hour scrimmage on Saturday morning.

Hockey Camp/Girl's Hockey Camp

- Focus on stick handling, skating, shooting, passing, game situation skills, and battle drills
- Chalk talks, sports, circuit training and high intensity, off-ice workouts designed to keep you in the best possible shape throughout the upcoming season.
- Afternoon continuous movement scrimmages with an emphasis on skill and fun!

Goalie Camp

16 hours on-ice working on angles, technique, rebound control, proper form, butterfly, and much more. Off-ice flexibility, conditioning, agility, coordination, and strength training

"Teen ranch was the best week of my life I will never forget the times I had there thanks for the opportunity to have such an amazing time at this camp! Love this camp...always have always will!!!!!!!!!!!!!!!!!" – Brian, Hockey Camper

Elite AA/AAA Camp

- Specialized camp focusing on advanced skills in skating, puck handling, shooting, and passing. Geared for players with AA or AAA current level experience.
- Off-ice video analysis, nutritional counseling, high tempo plyometric, aerobic and anaerobic workouts, core strengthening and body weight strength training designed by a Personal Trainer.

Pre-Season Tune-Up Camp

Get game-ready ahead of the competition with three hours daily ice time including drills, skill work, and scrimmages as well as off-ice circuit training.

"Best camp for kids in southern Ontario. Won best hockey school in Ontario. Beautiful grounds. Beautiful staff that really care about kids and their well being. Hockey, horses, BMX, skating, adventure, soccer, you name it they probably have it. Beautiful meals served three times a day! This place is fantastic. An oasis." -J R U

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HORSE CAMP

Top Notch Instruction, Safe, Well schooled, Quality Horses, CHA Trained/Certified Instructors

Lessons for beginner, intermediate and advanced riders are offered. Riding group ratios are 5:2 for beginner/intermediate classes and 5:1 for advanced lessons.

English Riding

Our beginner riders start with the basics of position and control while more experienced riders will be challenged to perfect their jumping position, equitation, and effectiveness on horseback, learning to communicate with their horse effectively.

Intensive Equestrian Training

Looking to improve your success in the show ring? For the advanced English Rider, we offer this intense program geared toward competition in the hunter/jumper ring. Corrie Ensom, a Master & Clinic instructor with CHA, has had great success showing and coaching on the Schooling, Trillium & A Circuits and is excited to work with you! An application video must be approved to qualify for this program.

"The intensive program was the highlight of my summer. I learned new skills that I got to bring into the show ring and it paid off! I won the division at my next show!" - Camper

Western Riding

The Western program is an excellent place for first time riders. Beginner Riders learn basic position and control and understanding how to communicate well with their horse. More experienced riders lessons may include lateral movement, patterns, games on horseback, barrel racing, pole bending, elements from Xtreme Cowboy racing, and Roping/Tying.

Rodeo Camp (One week only)

For the Rider looking for a little excitement! Hosted by an array of Ontario Rodeo champions, coaches, and even accredited ProRodeo talent, the curriculum will include the fundamentals and techniques of Roping, Barrel Racing, Pole Bending, Goat Tying, and Steer Wrestling.

Horse Mania (English & Western - One Week Only)

For the horse crazy kids, this week includes Riders feeding, grooming, riding, and playing games with their horse! Daily lessons plus a ton of fun activities to fill your day!

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ADVENTURE CAMP

For those who love to change things up with a variety of sports, this is for you! Each day you will enjoy an off-site adventure as well as the opportunity to enjoy the on-site adventures that Teen Ranch has to offer. Campers must be able to swim and eager to try new things.

Off-site Adventures

Canoeing
Caving
White Water Kayaking
Mountain Biking
Paddle Boarding

Conquer challenges and improve your skills
with professional instruction.

*"The instruction was great and gave me the confidence I needed
to progress and have fun." - Camper*

*"Loved being a camper at Teen Ranch, was there about 7 times
and loved coming back. Every time I came back it felt like I never
left. The food is spectacular and the staff are amazing. It is great
to make so many friendships at camp." - Hannah*

On-site Adventures

60 foot Giant Swing
Trail Riding
Swimming
Climbing/Bouldering Wall
Archery
Marksmanship
Jousting
Waterslide
Frisbee Golf
Volleyball, Basketball, Soccer, Ball Hockey, Tennis
And so much more!!!

*"I love this camp and it helped me learn more about God."
- Camper*

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BMX DIRT CAMP

Mornings are dedicated to the BMX dirt track experience.
Afternoons are your opportunity to explore all the afternoon activities that Teen Ranch has to offer.

Mornings

If you are an avid BMX biker or want to ride for the first time ever, this program is for you! Each morning, invest time at the BMX dirt track, developing your talent as you conquer the wide variety of jumps and features. Not only this, you will also learn the art of building your own jumps and features and maintaining your BMX bike to keep it in tip-top shape! Saturday morning, show off your skills to your ride home!

Bring your own bike and helmet or rent these from us.

"The course is challenging. It was cool to see how quick I improved." - Camper

"BMX was great fun." - Camper

Afternoon Activities

- 60 foot Giant Swing
- Trail Riding
- Swimming
- Climbing/Bouldering Wall
- Archery
- Marksmanship
- Jousting
- Waterslide
- Frisbee Golf
- Basketball, Volleyball, Soccer, Ball Hockey
- Tennis
- ... and so much more!!!



SOCCER CAMP

Teen Ranch soccer camp is a fun and challenging program that will take you to the next level!

Mornings on the Soccer Pitch

Designed to develop skill and knowledge of the game, beginner through advanced level soccer players will train in all technical aspects of the game including proper technique when dribbling, passing, receiving, shooting, heading, and chesting. Tactical knowledge of the game and player vision is developed with competitive drills, games and scrimmages.

Teams Welcome!

Come as a team, be challenged as a team and grow as a team! We can help make your season a winning success and have fun at the same time.

"Soccer camp was a great experience. It made me push myself to be better. I'll definitely be back!" - Camper

Afternoon Activities

60 foot Giant Swing
Trail Riding
Swimming
Climbing/Bouldering Wall
Archery
Marksmanship
Jousting
Waterslide
Frisbee Golf
Basketball, Volleyball, Soccer, Ball Hockey
Tennis
...and so much more!!!

"I had a great week at teen ranch!! The activities, staff and food are amazing! Can't wait to come back!" - Claire, Camper

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NINJA WARRIOR CAMP

Ninja Warrior Camp is back for a second summer! Partnering with Summit Climbing Co., this unique program challenges campers physically and mentally by giving them the opportunity to train, practice, and compete like a ninja warrior.

Off-site Ninja Warrior Camp

- Full-size Ninja Warrior Course
- Ninja Warrior Training
- Bouldering Wall
- Climbing Wall(s)
- Rope Ladder
- Cargo Net Climb
- Ascending Line Climb
- Vertical Playground
- Trust Hauls

"The staff at all levels was warm, welcoming and very organized. My son had an amazing time, this being his first ever overnight camp, and we did not worry about him as we knew he was in good hands." - Karen

"Nice people. Great horses. Fun Activities. Delicious Food." - Karina

On-Site Afternoon Activities

- 60' Giant Swing
- Ride horses on the trails
- Swimming
- Basketball
- Tennis
- Climbing Wall
- Bouldering Wall
- Marksmanship
- Archery
- Waterslide
- Boating
- Jousting
- Amazing Camp-wide Games!

"My daughter had an absolutely fantastic time at her first ever sleepover camp and it was an immensely positive experience for her. She will be returning next year!" - Cheryl

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WHAM CAMP

Where Heaps of Activities Meet

Come and experience all the best of what Teen Ranch has to offer! You won't want to miss these epic activities.

Find Adventure

- Horse Riding
- Bouldering
- Rock Climbing
- Woodland Survival Skills
- Giant Swing

Enjoy a trail ride in the beautiful Caledon landscape
Free climbing different courses based on your skill level
Harnessed climbing on our over 30ft rock wall
Fire building, map orienteering and shelter building.
Fly high with our 60ft giant swing!

Be Athletic

- Volleyball
- Archery
- Basketball
- Soccer

Challenge yourself in setting, bumping, and spiking
Can you get a bullseye?
Have fun in a friendly game.
Do you have what it takes to beat our staff?

Dive In

- Waterslide
- Jousting log
- Canoeing and Kayaking
- Swimming

Soar down our 50ft waterslide.
Duel your friends and see who will be victorious and who will fall into the hypo pond!
Enjoy a peaceful paddle around Adventure Island
Jump into our spring-fed swimming pond to cool off!

*I had an amazing time at camp! I met so many great friends and got to meet lots of new people.
Thank you so much, I hope I get to go again next year! -Maddie, Camper*

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INSTAR FIGURE SKATING

About Our Camp

In cooperation, Teen Ranch, Dufferin-Peel and the Bradford & District Skating Clubs, Instar Athletics, and the Figure Skating Boutique are excited to host their 5th Annual Canadian Champions All-Inclusive Figure Skating Camp to be held at Caledon Teen Ranch.

This camp is open to figure skaters ages 8 - 18 for Star Skate and Competitive Level athletes and is a Skate Canada Sanctioned event.

Figure skaters live onsite for the week-long camp in fully chaperoned, beautiful accommodations and skate in Teen Ranch's onsite, Olympic-size rink. Throughout the week, they participate in 15 hours of on-ice instruction both group and private lessons with industry-leading Skate Canada professional coaches as well as eight hours of off-ice dryland training, including aerobic and anaerobic ballet, and yoga for figure skaters. Industry leading professional athletic trainers..

What's Included:

- Fully chaperoned overnight accommodations
 - Three meals daily
 - Three hours on-ice daily with industry leading Skate Canada professional coaches
 - Two, one hour off-ice sessions daily with industry leading professional athletic trainers
 - Ice show Friday night (open to parents/guests)
- A host of camp activities including:
- Trail riding on horse back
 - Swimming
 - Waterslide
 - Boating
 - Archery
 - Rock Climbing
 - Marksmanship
 - Sports (basketball, volleyball, soccer, tennis, etc.)
 - Giant Swing

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MEET OUR STAFF

At Teen Ranch we take the well-being of our guests very seriously and work hard to ensure that we provide a safe, fun, challenging and life-shaping experience for your kids. Approximately 40 summer staff positions are added to our over 30 year-round staff to make up the Teen Ranch staff family who serve our summer guests. Our bottom line is excellence in all that we do. Convinced that this begins with great people, each staff member is hand-picked after going through extensive selection and training requirements. As well as on-line training, our summer staff participate in over 80 hours of pre-camp, on-site training. We are convinced that God has used this process to bless us with some of the most outstanding, trained and qualified summer staff in the country and from around the world.

Rest assured, your children are in great hands.

"My bunkhouse leader was really inspiring" - Camper

"This is my favourite place to be" - Camper

"My experience there was great and a shout out to all staff, you guys and gals were amazing. You were a very creative and inspiring team. It felt like we were all family. Thank you for that wonderful time." - Ellicia

"My kids had a blast of adventure and fun! The Teen Ranch staff were friendly, helpful and pros. Great job well done!" - Parent

"My daughter found a beautiful place where she could live and work together with wonderful people and where she found friends." -Father

"It was wonderful to connect with old friends and to see my boys experiencing Teen Ranch the way I did. Thanks Teen Ranch!!!! We'll all be back next year!" - Parent & Former Staff Member

"Working at Teen Ranch helps me develop as a person. I not only make lifelong friends, but develop skills such as leadership and team work." - Staff Member

"Everyone was so impressed and blessed by the staff and accommodations." - Luba

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ACTIVITIES & LODGING

Afternoon Activities

Chill Out!

Swimming • Waterslide • Boating
Jousting • Crafts • Trail Rides

Challenge Yourself!

Giant Swing • Climbing Wall
Marksmanship Range • Archery

Be a Sport!

Basketball • Volleyball • Soccer • Frisbee Golf
Tennis • Ball Hockey • Ultimate Frisbee

Team Up!

Camp-wide Games • Cabin and Team Competitions

"My favorite activity is swimming. It's fun when you can go riding and then jump into the cool water." - Camper

Beautiful facilities, wonderful staff, great food and tonnes of fun." - Parent

Lodging

Teen Ranch guests enjoy comfortable bunk rooms with air conditioning, full washrooms and showers. Averaging eight guests per room helps ensure that we are able to provide a family-like experience for each of our campers.

Barn, Riding Rings and Stock Farm

Teen Ranch is home to approximately 50 horses, sports a gorgeous barn of more than 150 years old, runs riding classes in 7 riding arenas and offers a stock farm.

Ice Corral

This is one of the few skating rinks with summer ice let alone an Olympic-sized ice surface! No matter the program, all campers get ice-time, so be sure to bring your skates!

Dining Room

Campers and staff come together three times a day to enjoy meals in our Dining Room. Guests (including other camp leaders) consistently rave about the excellent, nutritious, home-cooked meals served by our wait staff. We do our best to meet specific dietary needs of guests.

"The food is positively delicious." - Ellicia

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