



# SUMMER DayCamp



Where friendships are made



YMCA of  
Oakville

# Endless Summer Memories

YMCA Summer Day Camp is a chance for everyone to create endless summer memories: playing games, exploring the outdoors, learning new skills and making friends for life! With a fresh selection of traditional and specialty camps this summer there is something for everyone! We look forward to helping campers unplug from screen time and plug into rediscovering the outdoors, sports, trips, fun activities and more.

The YMCA's long history and expertise in supporting a holistic approach to health, growth, and development of children and youth is evident in our camp programs. At YMCA Day Camp, children can be physically active and enjoy just being kids.

**We cannot wait to build lasting memories with your child this summer!**

This brochure contains information for Summer Day Camp by location with age requirements, date, venue and fees. Also listed are summer aquatic leadership programs offered by our Aquatics Department. For more information and to register, please visit [ymcaofoakville.org/programs/camps](http://ymcaofoakville.org/programs/camps)

## Weekly Themes

Each week our camp activities are planned around an exciting theme. Come to camp prepared to meet characters, play games, and design your crafts based on the themes in the attached chart:

Week	Dates	Theme
1	July 3-7	Superheroes & Sidekicks
2	July 10-14	Olympics & Celebration of Nations
3	July 17-21	World of Animation
4	July 24-28	Pirates & Under the Sea
5 (short week)	August 1-4	Lights, Camera, Action!
6	August 7-11	Operation: Celebration
7	August 14-18	Dynamic Duos
8	August 21-25	Carnival
9	August 28-September 1	Survivor



# BRONTE CREEK PROVINCIAL PARK



## Why Bronte Camp?

Located between Burlington and Oakville, YMCA Summer Camps at Bronte Creek Provincial Park offer children an opportunity to unwind in a natural environment close to home. Bronte features a unique lake-style swimming pool, a wonderful play barn, plenty of trails to explore, large shelters for rain days, and multiple open spaces.

### Get Golf Ready

*Ages 8-12 years*  
*4 weeks of camp*  
*\$350 a week | \$280 short week*

Each morning, campers will develop their skills in driving, short-range game, putting and etiquette at *Vic Hadfield Golf & Learning Centre*. Friday mornings will be spent demonstrating these skills on the golf course. After lunch, participants will enjoy a variety of camp games, crafts, and recreational swimming back at Bronte.

### Outdoor Pursuits Jr.

*Ages 7-9 years*  
*9 weeks of camp*  
*\$255 a week | \$204 short week*

A great option for first time campers and campers who love the outdoors! *Outdoor Pursuits* offers opportunities to discover Bronte's natural landscape through fun active and passive games, visits to the play barn and petting zoo. Campers will have the opportunity to splash around in daily recreational swimming.

### Outdoor Pursuits Sr.

*Ages 10-12 years*  
*9 weeks of camp*  
*\$255 a week | \$204 short week*

Discover a love for the outdoors in a camp environment close to home! *Outdoor Pursuits Senior* will offer campers an opportunity to develop self-confidence, teamwork and communication skills through team building challenges, games, mountain biking, recreational swimming and much more!

### Sports Camp Jr.

*Ages 7-9 years*  
*9 weeks of camp*  
*\$255 a week | \$204 short week*

Campers will have the opportunity to learn and develop basic skills in a variety of sports throughout the week. Each morning they will have the option to choose what skill they want to learn in one designated sport and will get practice. In the afternoon, campers will share what they learned and will participate in group games, team building activities, recreational swimming and more!

### Sports Camp Sr.

*Ages 10-12 years*  
*9 weeks of camp*  
*\$255 a week | \$204 short week*

Designed specifically for older campers who are enthusiastic about sports and want to learn basic skills of various sports! Each morning is spent learning the fundamentals of the designated weekly sport through skill sessions and games. The remainder of the day will include team building initiatives, recreational swimming, and a weekly theme day.





# BRONTE CREEK PROVINCIAL PARK



## Leaders in Training (LIT)

*Ages 14-16 years  
8 weeks of camp  
\$380 for 2 weeks | \$342 short week*

In this two-week program, youth will be involved in group-initiated community project. This project will allow youth to understand goal setting. Collaborating in a team environment, these leadership and team skills can be easily applied to all facets of your life! Get ready to participate in group activities, active games, sports, and overnight camping experience. Participants will be provided with a certificate upon successful completion of this program.

## Counsellors in Training (CIT)

*Ages 15-17 years  
9 weeks of camp 3-week program  
\$570 for 3 weeks | \$532 short week*

This fun and intensive 3-week program will provide youth with the leadership skills necessary to become a camp counsellor. Some of the objectives of this program include learning how to work with children, understanding group dynamics, planning, and facilitating activities, and learning how to be part of a camp team! This program also includes Emergency First Aid training, work placements in a camp setting and employment readiness. Upon successful completion of the CIT program there will be provided with a certificate. During the 3 weeks at camp, one night overnight camping experience.



## Trailblazers

*Ages 5-7 years  
8 weeks of camp  
\$255 a week | \$204 short week*

*Trailblazers* is a great choice for first-time campers. We offer younger children the opportunity to discover and explore new things in a supportive environment.

Campers will participate in fun games, sports, crafts, outdoor experiences, and exciting weekly theme days. They will also spend time on water activities and much more.





# PETER GILGAN FAMILY YMCA



## Why Peter Gilgan Family Y Camp?

Camps at the Peter Gilgan Family YMCA feature indoor multi-purpose spaces, swimming facilities for our older campers, and outdoor space to accommodate a busy day of programming.

### Adventure Tours Jr.

*Ages 8-10 years*  
*9 weeks of camp*  
*\$400 a week | \$320 short week*

Explore Southern Ontario in our Adventure Tours camps! Each week is full of new adventures, as campers visit fun local attractions. When not on trip, campers will participate in a variety of games, crafts, and recreational swimming. Don't forget to dress up for our weekly theme!

### Adventure Tours Sr.

*Ages 10-12 years*  
*9 weeks of camp*  
*\$400 a week | \$320 short week*

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# PETER GILGAN FAMILY YMCA



## Aquatic Camps 2023

### Contact info

For all aquatics leadership course information, please contact: Aquatics Department at 905-845-5597 ext. 3070 or email us at [oliverga@oakville.ymca.ca](mailto:oliverga@oakville.ymca.ca) or [gessicazu@oakville.ymca.ca](mailto:gessicazu@oakville.ymca.ca)

Registration will be online via the registration portal located on the YMCA of Oakville website.

### Swim Patrol Rookie/Ranger

*Registration can be for one of the levels for just 2 days, or both levels for 4 days*

*Week 1: Rookie July 3-4 | Ranger July 5-6*

*Week 3: Rookie July 17-18 | Ranger 19-20*

*Week 5: Rookie July 31-Aug 1 | Ranger Aug 2-3*

*Week 7: Rookie Aug 14-15 | Ranger Aug 16-17*

*Cost: \$150 for Rookie OR Ranger | \$300 for both*

*Pre-requisite: Participants must be able to swim 25m and tread water in the deep end.*

*Swim Patrol focuses on stroke improvement, endurance and develops First Aid skills and rescues to prepare participants for future Lifesaving Society courses.*

### Bronze Star

*10 hour course over the course of 2 days (16 hours)*

*Week 2: July 10-11*

*Week 4: July 24-25*

*Week 9: August 28-29*

*Cost: \$160*

*Pre-requisite: None, but Swim Patrol experience is recommended. One of the required items is a 400m swim workout.*

*Bronze Star prepares candidates for the Bronze Medallion program. Candidates will learn rescue skills, First Aid, resuscitation, and self-rescue techniques, while improving stroke technique and endurance.*

### Bronze Medallion + Emergency First Aid

*3 day course*

*Week 2: July 12-14*

*Week 4: July 26-28*

*Week 6: Aug 8-10*

*Week 8: Aug 21-23*

*Week 9: Aug 30-Sep 1*

*Cost: \$250*

*Pre-requisite: Candidates must be 13 years old to enroll, or have the Bronze Star certification.*

*Bronze Medallion teaches participants responses to complex water rescue situations. It develops physical fitness, decision-making and judgment skills. 100% attendance is required by Lifesaving Society. Optional supplemental books may be purchased on first day of the course.*

### Bronze Cross + Standard First Aid

*4 day course*

*Runs Tuesday-Friday*

*Week 1: July 4-7*

*Week 3: July 18-21*

*Week 6: Aug 8-11*

*Week 8: Aug 22-25*

*Cost: \$280*

*Pre-requisite: Bronze Medallion and Emergency First Aid.*

*Bronze Cross challenges lifesavers with more advanced training and introduces safe supervision in aquatic facilities, the principles of teamwork, rescue procedures, and the use of special equipment. 100% attendance is required by Lifesaving Society. Optional supplemental books may be purchased on first day of the course.*



# PETER GILGAN FAMILY YMCA



## National Lifeguard (NL)

*Runs Week 5: July 31-August 4th*

*Cost: \$390 + Alert; Lifeguarding in Action*

*Pre-requisite: Bronze Cross and Standard First Aid.*

*\* Supplemental book Alert: Lifeguarding in Action is no longer optional.*

*\*\*Participants must be 15 years by exam day.*

NL is a nationally recognized Lifeguarding program. This course emphasizes teamwork, leadership and communication in prevention of accidents and treatment of medical emergencies. 100% attendance is required by Lifesaving Society. Optional supplemental books may be purchased on first day of the course.

## Lifesaving Society Swim Instructor and Lifesaving Instructor (LSS)

*Runs Week 7 August 14-18*

*Swim Instructor will run the first 2.5 days*

*Lifesaving Instructor will run the last 2.5 days.*

*Cost: \$350 for full course*

*\*Binder of instructor books is \$95*

*Pre-requisite: Bronze Cross or National Lifeguard. Participants must be 15 years old by the end of the course.*

This course contains 2 certifications: LSS Swim Instructor and LSS Lifesaving Instructor+Emergency first aid instructor certifications. The Swim Instructor portion prepares the instructor to teach and evaluate the swimming strokes and related skills found in the *Lifesaving Society Swim for Life* program. The Lifesaving Instructor portion prepares individuals to organize, plan, teach and evaluate lifesaving and First Aid skills and resuscitation techniques in the Society's lifesaving and First Aid awards. 100 % attendance is required by *Lifesaving Society*. Participants are able to register for just one of the certifications if they aren't interested in the other, and will only have to attend one half of the week.



**PLEASE NOTE:** A physical standards exam is scheduled for the last day of Bronze Medallion, Bronze Cross, NL, LSS Swim Instructor and Lifesaving Instructor course, Emergency First Aid and Standard First Aid. Exam dates cannot be re-scheduled. Anyone who fails to attend the exam date must re-take the full course.



# ST. ANDREW'S ELEMENTARY SCHOOL



## Why St. Andrew's Camp?

YMCA St. Andrew's Camp offers a memorable summer experience in a beautiful natural setting. With diverse activities and a focus on character development, our camp fosters growth, friendships, and lasting memories. Led by dedicated staff, we empower youth to explore their potential and thrive in a supportive community.

### Bricks 4 kidz

*Ages 8-12 yrs*  
*8 weeks of camp*  
*\$350 a week | \$280 short week*

Partnering with *Bricks 4 Kidz*, campers are introduced to concepts of engineering, architecture and mechanics while building motorized models using *LEGO® Technic* bricks. The rest of the day will include group games and sports, arts and crafts, water play at the splash pad, and weekly theme days.



### Theatre Performance Camp

*Ages 8-10 yrs*  
*Week 1 & Week 4*  
*\$350 a week*

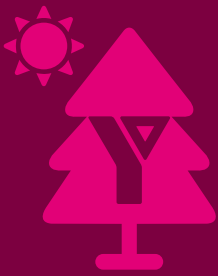
Featuring the new play, *Tik, Tik... Tock!* Partnering with *ArtHouse*, campers will gain valuable teambuilding and confidence skills, while performing in a fun filled fairy tale, comedy mystery. What do we all really know about these characters, and will our TMZed reporter find out the truth before time runs out.....or will he be found?  
In this weeklong half day camp, campers will bring a well-known character to life and learn to dance and sing a musical number from two theatre professionals, and with a group of likeminded students. The rest of the day will include group games and activities, arts and crafts, water play at the splash pad, and weekly theme days!

### Art Mosaic Marathon Camp

*Ages 10-13 years*  
*Week 8*  
*\$350 a week*

Partnering with *ArtHouse* we are offering a new fun camp! Do you love visual arts and are ready to try something new? In this weeklong half day camp, campers will learn to safely work with ceramic and glass to create a spectacular, collaborative mosaic mural. An introductory session will cover the basics and teach campers to make a personalized mosaic to keep. We will work together to create a design and build a mosaic accent that will be permanently installed on a wall at the YMCA for everyone to see! The rest of the day will include group games and activities, arts & crafts, water play at the splash pad, and weekly theme days!





# ST. ANDREW'S ELEMENTARY SCHOOL



## Digital Art Camp

*Ages 8-12 years*  
*6 weeks of camp*  
*\$350 a week | \$280 short week*

This program is designed with the intent of providing education to youth on how to create digital art/animation through thorough instruction, and fun activities with a welcoming atmosphere. Take a sketch and take it to the next level by making line art, painting your art piece, apply shadows and light, and adding layer effects. We will be using 3d applications, art tools/references to support learning. All equipment is provided for use (Apple Pencil 2.0, iPad Airs) using the leading art program on iPad; Procreate.

## Trailblazers

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## Improv with Oakville Improv Theatre

*Ages 10-13 years*  
*Weeks 2, 3 & 7*  
*\$350 a week*

Partnering with *Oakville Improv Theatre*, we are offering an exciting new camp for drama lovers! Learn improvisation with spontaneity games and theatre exercises that will teach you how to collaborate on fun stories, create characters and build failure resilience. Improv is good for building confidence and presentation skills with laughter and play.



## Before and After Camp Care

Before and after camp care will be offered to participants attending camps at St. Andrew's location:

**Timing:**  
Monday to Friday  
4:00-6:00 pm

**Cost:**  
Mornings, \$55/week  
Afternoons, \$55/week  
Full-day, \$110/week





# VALENS CONSERVATION AREA



## Why Valens Camp?

Valens is a nature lover's paradise. This wonderful conservation area is tucked away near Flamborough, far from the noise and bustle of the city. With plenty of opportunities to hike, canoe or swim in the lake, campers have new experiences and build memories that last a lifetime. The unique man-made lake features a serene natural environment, with sandy beach, boardwalk trail system and surrounding forest.

### Horseback Riding

*Ages 8-12 years  
8 weeks of camp  
\$375 a week | \$300 short week*

Campers will spend half of each day at *King's Meadow Equestrian Centre*, learning the fundamentals of horseback riding in a safe, experiential environment catered to the skills of each participant. The remainder of the day will be spent at Valens enjoying fun games, crafts, and swimming in the lake.

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# VALENS CONSERVATION AREA



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**WE ARE  
INCLUSIVE**



## Inclusion support for your child

The YMCA of Oakville's Inclusion program offers support for children with physical disabilities so they can enjoy a positive and supportive camp experience alongside their peers. Children can register for Inclusion support at any camp location for a maximum of two weeks to ensure more children can access these services within our community.

We believe all children deserve the opportunity to experience camp and everything that comes along with it; new friendships, new opportunities, and life-long memories, just to name a few! Campers attending our Inclusion program will be supported by a YMCA Inclusion Counsellor. This staff will support your child through the daily programming and provide additional support throughout the day, as needed. Please note, Inclusion support is facilitated by our inclusion counsellors who are youth with at least 1 year of experience working with children. They receive YMCA training and are not licensed professionals. While we do our best to support all children, we recognize that we may not be able to meet the needs of every child.

***Note: Families can provide their own 1:1 support through a recognized and accredited agency. There are no additional fees for campers requiring Inclusion support.***

### **Campers With Additional Needs**

The YMCA welcomes children with additional needs into our camp programs and offers extra support throughout the day. Please note, our Inclusion program has limited spaces.

The Inclusion program may be a good fit for your child if:

- Extra support is required at school
- Extra support is required at home for basic care such as dressing and toileting
- A disability exists that may affect their safety in our program
- They require frequent breaks from group settings to support their self-regulation
- They are unable to remain in a group setting on a 1:13 ratio independently

### **It is also important to also consider the following:**

- Camp programming runs full day, Monday-Friday 8:30 a.m. – 4:00 p.m.
- Changes in program and/or routine may occur last-minute (i.e. weather changes)
- Some camp locations share space with the general public
- New COVID-19 protocols

If your child requires Inclusion support, please download and complete the Inclusion Support Form, and email to [rosiely@oakville.ymca.ca](mailto:rosiely@oakville.ymca.ca) (you may also direct inclusion questions to this email)

### **Code of Conduct**

We expect campers to treat each other, staff, and themselves with respect at all times; solve problems collaboratively, include others in activities, and use non-offensive language at all times. We have a zero-tolerance policy for bullying and discrimination; participation in either will result in communication with parents/guardians.

# Bus Transportation

Our buses are supervised by trained staff, who start and end each day with fun activities. For your child's safety, children are required to get on and off the bus at the same location. Busing is included in the cost of the program. Please note that our morning departure times are strictly adhered to. However, evening arrival times may vary due to traffic and other unanticipated delays.



## Bus Information

Location	Buses to Bronte		Buses to Valens	
Palermo School	8:30 am	4:20 pm	8:00 am	5:05 pm
Post's Corners	8:15 am	4:30 pm	8:00 am	5:10 pm
YMCA (Morden School)	8:15 am	4:25 pm	8:00 am	5:10 pm

*For more information related to our summer day camp policies and procedures, please refer to our parent handbook on our website.*

## FILL THE BUS

*A week at Summer Day Camp can be lifechanging for many children.*

A chance to experience some independence, learn new things and make new friends. Our YMCA hosted 1400 children and youth in summer day camp last year and you can ensure even more children in our community get a chance to share in the fun.

*Help us Fill the Bus with a donation to send children to camp.*

