

Summer Camp Packing List — Residential or Overnight Camp

The following is a suggested list of items to help you and your child pack for summer camp. We suggest that you label all of your child's clothing and belongings. If you don't you might be amazed at what your child brings home (or leaves behind).

CLOTHING	☐ Insect repellent and sunscreen
☐ 7 T-shirts	☐ Small daypack or knapsack to carry towels, and personal
☐ 7 pairs of underwear and socks	belongs
☐ 2-3 long sleaved tops	☐ Laundry bag
☐ 1 or 2 sweaters or sweatshirts	
☐ 1 jacket or windbreaker	OPTIONAL
☐ 1 rain jacket with hood and pants	☐ Musical instruments
☐ 4 pairs shorts	☐ Personal sport equipment such as tennis racquet
☐ 3 pairs of slacks, jeans or sweatpants	□ PDF lifejacket
☐ 1 sun hat	☐ Camera
☐ 2-3 bathing suits	☐ Stationary, pre-addressed envelopes, postage stamps, pens,
☐ 1 pair pajamas	books, diary or notepad
☐ bandana or hankerchief	DO NOT DOING
*Dressy outfit for closing banquet	DO NOT BRING
	 Valuable items such as jewellery that will devastate your child if lost or brocken
FOOTWEAR	• Electronic games and personal listening devices
☐ 1 pair of sturdy shoes or hiking boots	• Cellphones
☐ 1 pair of running shoes	• Too much money (a modest amount for tuck shop is all that is
☐ 1 pair of sturdy sandles with straps ("tevas")	needed if any)
☐ 1 pair of rubber boots or rain boots	Cosmetics, makeup, curling irons or hair dryers
*specialized footwear for riding, soccer or other specialty camps	
	IMPORTANT NOTES
GENERAL	Does your chiltd take medication?
☐ 1 sleeping bag (synthetic fill, lightweight)	If so, make sure it is given to a counselor immediately.
☐ 2 sheets (optional)	At most camps, all medication - <i>even vitamins</i> - must be stored in the camp's health lodge where it is available and administered safely.
☐ 1 blanket (optional)	
☐ 1 pillow, 2 pillow cases	,
☐ 3 towels including a beach towel	Does your child wear eye-glasses? If this is the case, please pack a second pair just in case.
☐ 2 wash cloths	
☐ Toiletries (soap, toothpaste and toothbrush, shampoo, comb or brush etc)	Does your child wear an orthodontic retainer?
☐ Water bottle	Please talk to him/her now about caring for it as part of the
☐ Flashlight and extra batteries	camp routine and not losing it.