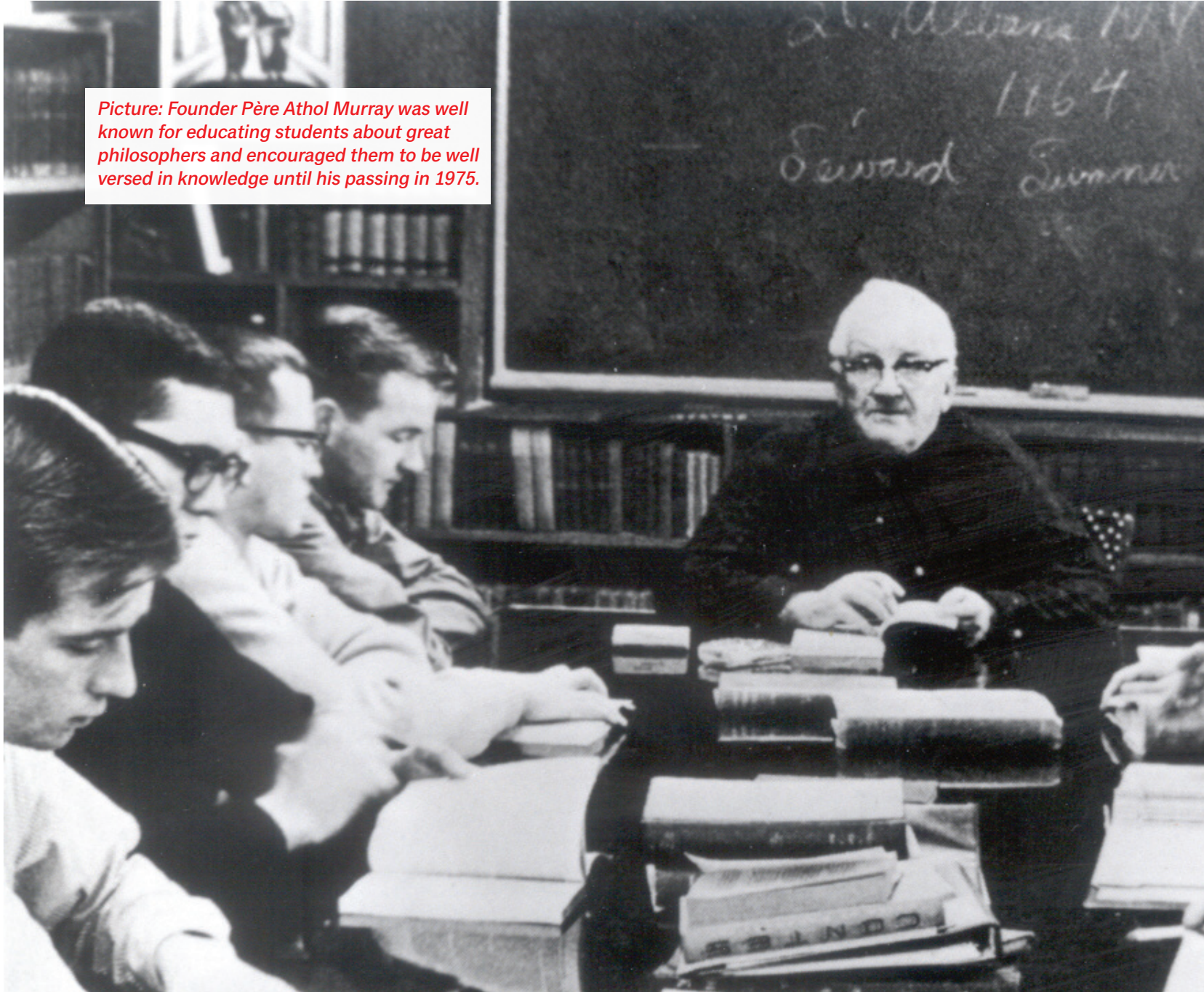




Athol Murray College  
of **Notre Dame**



*Picture: Founder Père Athol Murray was well known for educating students about great philosophers and encouraged them to be well versed in knowledge until his passing in 1975.*



## VISION

ATHOL MURRAY COLLEGE OF NOTRE DAME IS COMMITTED TO DEVELOPING YOUNG MEN AND WOMEN TO BECOME PURPOSEFUL LEADERS WITH VIRTUOUS CHARACTER.

## MISSION

ATHOL MURRAY COLLEGE OF NOTRE DAME PROVIDES AN EXCEPTIONAL EDUCATIONAL AND BOARDING EXPERIENCE WITH A BALANCE OF STRONG ACADEMIC, ATHLETIC AND SPIRITUAL GROWTH IN A SAFE AND CARING PRAIRIE ENVIRONMENT.

## IDENTITY AND SPIRITUAL ROOTS

ATHOL MURRAY COLLEGE OF NOTRE DAME IS A PRIVATE, INDEPENDENT, CO- EDUCATIONAL BOARDING HIGH SCHOOL ROOTED IN THE CATHOLIC TRADITION OPEN TO STUDENTS OF ALL FAITH BACKGROUNDS. THE PROGRAM OF THE COLLEGE IS DEVELOPED ACCORDING TO THE TEACHINGS, MORALS AND LITURGICAL PRACTICE OF THE ROMAN CATHOLIC CHURCH. THE COLLEGE MAINTAINS AN ECUMENICAL OUTLOOK AND ENCOURAGES ALL TO SEEK GOD, PUT THEIR FAITH IN HIM AND LIVE IN ACCORDANCE WITH THEIR BELIEF.

## STRUGGLE AND EMERGE: A 99 YEAR HISTORY

In 1920 the Sisters of Charity of St. Louis opened the Notre Dame of the Prairies Convent and St. Augustine residential elementary and high school for boys and girls in Wilcox, Saskatchewan, a small town on the Canadian prairies. Out of the dust and despair of the Great Depression emerged what would become Athol Murray College of Notre Dame, the “Toughest Little College” that would survive economic hardship, break down religious barriers and challenge students to excel academically, athletically and spiritually. Father Athol Murray manifested his dream of partnering with an established university – the University of Ottawa – to offer a liberal arts degree program, which became available in 1933. Notre Dame is rooted in the Catholic tradition and is open to students of all faiths and backgrounds. As “Père” Murray said, “Open -mindedness is the nature of the thing.”

Père valued athletics as a way to teach values like commitment, teamwork and leadership. Père once shouted to his hockey team, mid-game, “Skate, you hounds, skate!” and the name stuck. The Notre Dame Hounds developed a reputation as the toughest, fastest and gamiest teams in Canada. When student housing became a problem in the 1930s, Père discovered that threshers’ shacks - used by migrant workers during harvest season - provided the perfect solution. Students slept in bunks next to a pot-bellied stove, using corrugated cardboard for insulation. Thus, Notre Dame inherited its nickname “The Shack College.” Notre Dame began to adopt its modern campus look in the 1950’s and 1960’s with a major injection of funds towards bricks and mortar, and today is a beautiful, modern campus. The school motto, Struggle and Emerge, reflects the challenges faced by those original Hounds but rings true for Notre Dame students today. “Adversity, gang!” Père Murray would exclaim. “That’s what gives you strength – adversity!” The school motto has offered strength to Hounds over the school’s 99 year history.

Today, Athol Murray College of Notre Dame maintains its legacy as a centre for academic and athletic excellence, and is home to over 300 students representing all 13 Canadian provinces and territories and up to 12 different countries. The Hounds of today continue to embody the spirit of determination, ingenuity and perseverance that characterized our founding students.

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**DO YOU DREAM OF GREATNESS, AS A SCHOLAR, AN ATHLETE, A LEADER?**

As a Hound, you will be part of a 99 year tradition of excellence and a community of peers and teachers who strive for greatness. At Notre Dame, we challenge each other to be the best version of ourselves, supported by caring staff and coaches, a structured academic day that includes daily supervised study time and scheduled student conference hours for extra help, as well as small class sizes. With elite hockey programs for males and females and 18 high school sports programs, Notre Dame provides an environment with a strong focus on health, fitness, commitment and athletic excellence. Notre Dame is opening doors: to university, to post-secondary athletic opportunities and to the world.



**90%**

BOARDING STUDENTS

**PROVIDING STUDENTS WITH TOOLS FOR ACADEMIC SUCCESS**



THE MOST POWERFUL DRIVER OF STUDENT SUCCESS AT NOTRE DAME ARE THE STUDENTS THEMSELVES. AT NOTRE DAME, STUDENTS WANT TO LEARN. THEY ARE DRIVEN TO SUCCEED. THEY ENCOURAGE ONE ANOTHER TO EXCEL, ASK FOR HELP, STAY FOCUSED AND DREAM BIG.

Athol Murray College of Notre Dame offers a classroom environment that is supportive and rigorous, providing exceptional preparation for post-secondary programs. Our mandate is to provide our students the means by which they can fully develop their academic potential. With an average class size of 16 students, availability of teacher-guided learning support, scheduled student conference hours for extra help outside of class time and daily supervised study time, Notre Dame offers a challenging university preparatory program with support systems in place to ensure student success.

Notre Dame graduates receive more than twice as much in post-secondary scholarships than the average Canadian high school graduate.  
Notre Dame graduates are 50% more likely to receive a post-secondary scholarship than the average Canadian high school graduate.  
100% of Notre Dame students participate in co-curricular activities.

**65%**

STUDENTS WITH AN ABOVE 80% AVERAGE



## Leading the way as 21st Century Learners

Technology is an integral part of learning at Athol Murray College of Notre Dame. We strive to use modern teaching approaches that use technology to enhance student learning, facilitate collaboration, and make creating and communicating effective and easy. We work closely with students to develop their technology skills and to promote the responsible use of technology and social media tools. Notre Dame also provides families back home an online portal to be able to access student grades, school calendars and collaborate with the Notre Dame Community from anywhere in the world.

Every student is issued a tablet that can be utilized from anywhere on our wireless campus. For students frequently traveling off campus, it is easy to stay organized, access coursework and connect with teachers and classmates.

### AS A HOUND, YOU CAN COUNT YOURSELF AMONG:

- 205 DRAFTED NHL PLAYERS
- EIGHT ORDER OF CANADA WINNERS
- OLYMPIC GOLD, SILVER & BRONZE MEDALISTS
- NHL STANLEY CUP CHAMPIONS
- A FEDERAL CABINET MINISTER
- THE YOUNGEST CANADIAN TO SUCCESSFULLY SCALE MT. EVEREST
- AUTHORS, POLITICIANS, ATHLETES, SCHOLARS,



# 15%

INTERNATIONAL STUDENTS

## BOARDING AT NOTRE DAME

### Community, Leadership, Respect: A Way of Life

As a boarding school, Notre Dame offers the advantages of leadership development and personal growth through an informal curriculum of community living. Over 90% of our students call Notre Dame their home, living in one of our six residences. The boarding environment provides an enriched, experiential learning experience, with a strong focus on leadership skill development, community, responsibility, time management and self-reliance.

Each residence is administered by a resident House Parent who is supported by a team of Assistant House Parents and a select group of grade 12 students who have earned the position of House Leader. Students are housed according to grades and gender and live together in rooms of two to four students. Rooms are attractively decorated with posters, photos, and appropriate memorabilia reflecting each student's individuality while providing the familiarity of home. Each residential house provides a common area with television, snack kitchen facilities, beverage machine and storage space for travel cases and equipment.

### Healthy Living

The physical, mental and emotional health of each student is a very important part of the College's responsibility to parents and students. Notre Dame's Health Care Facility is accessible seven days a week with care provided by Registered & Licensed Practical Nurses, who look after the health needs of our students. Notre Dame has a full-time Athletic Training Coordinator who carries out assessments and delivers prescribed treatments.

Our Food Services team provides healthy, hearty meals three times a day, in addition to a light evening snack. Homemade soup and a well-stocked salad bar are available at every meal, as are 1% milk and fresh fruit. Our Hounds Juice Day exceeds provincial nutritional standards. Hounds Juice is pure vegetable and fruit extracted juice with no added sugar. Food services are provided with active, happy and healthy students in mind!





## PURPOSEFUL LEADERS WITH VIRTUOUS CHARACTER

The Notre Dame experience extends well beyond the classroom. Opportunities for personal, spiritual and community development equip Hounds with a desire to explore and contribute to their community, knowing that they are a part of something bigger than themselves.

Notre Dame offers numerous opportunities for students to enhance and apply their leadership skills. Students learn and practice the fundamental values of respect, tolerance, responsibility, selflessness, giving and honesty.

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# 13

CANADIAN  
PROVINCES  
AND TERRITORIES  
REPRESENTED  
BY CURRENT  
STUDENTS

### Leadership Opportunities

#### HOUSE LEADERS (BOARDING)

Grade 12 students are selected to assist House Parents by providing daily leadership and mentorship in the residence. This honor is presented to students who demonstrate compassion, leadership, enthusiasm and care for others.

#### SERVING OUR COMMUNITY: WORKS OF MERCY OUTREACH

Students at Notre Dame are required to perform a minimum of 10 hours of community service per year. One of the ways in which they can complete this service requirement is by participating in our Works of Mercy Outreach program, in which Hounds provide tutoring and mentorship to inner-city Regina youth who benefit from the positive influence and encouragement of our students.


#### HOUNDS FOR HUMANITY

Students determine the needs of the local community and address them in a practical manner. Students organize events in conjunction with local community groups. Examples include: blood donation clinics, fundraising events and charity walks.

#### STUDENT REPRESENTATIVE COUNCIL (SRC)

The SRC is a group of students who plan social functions, encourage school spirit, promote an understanding of the rights and privileges, responsibilities and duties of the students and liaise between students and staff.

## NOTRE DAME STAFF: LIVING OUR VISION AS PURPOSEFUL LEADERS WITH VIRTUOUS CHARACTER



A professional, highly educated and highly motivated academic faculty provides students with a unique learning experience. Faculty create a positive classroom environment where students are challenged to think and speak for themselves. An average class size of 16 students allows for healthy debate and individual attention. Faculty offer extra help daily during scheduled student conference hours. Students address faculty and staff by their first names, fostering a culture of trust and mutual respect. All of our faculty have earned their Bachelor of Education, and a number are equipped with a post-graduate degree.



## NOTRE DAME HOCKEY

Notre Dame offers an unprecedented opportunity to earn a first class education while competing in some of the most respected leagues and tournaments for Bantam, Midget and Junior hockey in North America. Our Student-Athletes are expected to carry a full academic workload, contribute to the school community and be accountable for their actions both on and off the ice.

Our Campus boasts an Olympic size ice rink, state-of-the-art off-ice skills training facility, fully equipped gym and weight room with a certified strength and conditioning trainer, athletic therapists and elite coaches with provincial and national successes. Hounds are superbly conditioned athletes with a renowned reputation for being relentless and tenacious with a "never lose heart" attitude.

Over 200 Hounds - both male and female - have had the opportunity to compete at the International level representing their country. Over 205 Hounds have been drafted or signed to the NHL and this number continues to grow each year.

NOTRE DAME HAS MALE HOCKEY PROGRAMS AT THE BANTAM, MIDGET AND JR. A LEVEL. NOTRE DAME HAS FEMALE HOCKEY AT THE AA MIDGET AND AAA MIDGET LEVEL.



# 205

HOUNDS DRAFTED/  
SIGNED TO THE NHL,  
MORE THAN ANY  
OTHER SCHOOL IN THE  
WORLD



Photo Credit: St. Louis Blues

### Hounds currently playing in the NHL (2018/19):

Braydon Coburn – Tampa Bay Lightning  
Sean Couturier – Philadelphia Flyers  
Scott Darling – Carolina Hurricanes  
Dillon Dube - Calgary Flames  
Jordan Eberle – New York Islanders  
Haydn Fleury – Carolina Hurricanes  
Slater Koekkoek – Chicago Blackhawks  
Curtis McElhinney – Carolina Hurricanes  
Brayden McNabb – Vegas Golden Knights  
Tyler Myers – Winnipeg Jets  
Morgan Rielly – Toronto Maple Leafs  
Zac Rinaldo - Nashville Predators  
Jack Rodewald - Ottawa Senators  
Jaden Schwartz – St.Louis Blues  
Jordan Weal – Arizona Coyotes  
Christopher Gibson - New York Islanders

### Hounds currently coaching in the NHL (2018/19):

Rod Brind'Amour – Carolina Hurricanes  
Jon Cooper – Tampa Bay Lightning  
Barry Trotz – New York Islanders\*  
*\*2018 Stanley Cup Champion Head Coach Washington Capitals'*

### 2017 NHL Draft Picks:

Josh Brook – 56th Overall Montreal Canadiens  
Cale Fleury – 87th Overall Montreal Canadiens  
Brett Davis – 163rd Overall Dallas Stars  
Dylan Ferguson – 194th Overall Dallas Stars

**NO OTHER SCHOOL IN THE WORLD HAS DEVELOPED MORE ELITE JUNIOR, COLLEGIATE, USPORT, NCAA, NATIONAL, OLYMPIC AND NHL PLAYERS.**



# 25

ATHLETIC PROGRAMS



Athletes at Notre Dame receive the benefits of high calibre instruction and sport-specific training in our strength and conditioning centre.

## NOTRE DAME ATHLETICS

Notre Dame Hounds are known internationally for their outstanding athletic achievements. Countless Hounds have advanced to post-secondary, amateur and professional ranks over the years, thanks largely to the school's commitment to developing the whole athlete.

Residential living further equips student athletes for the rigors of post-secondary life. The college is regularly scouted by university, college, professional, semi-professional and national team scouts who value maturity, self-sufficiency and the ability to live in a community - traits that distinguish a Notre Dame Hound.

Athletes at Notre Dame receive the benefits of elite training through state-of-the-art facilities and high calibre instruction. The College boasts an Olympic size ice rink, a state-of-the-art off-ice skills facility, a university calibre weight and cardio training centre, a fully equipped gymnasium and various sports fields.

### MALE ATHLETICS

- BADMINTON
- BASEBALL
- PREP-BASKETBALL (Post Grad)
- HIGH SCHOOL BASKETBALL
- CROSS COUNTRY RUNNING
- FOOTBALL
- GOLF
- RUGBY
- SOCCER
- TRACK AND FIELD
- ULTIMATE FRISBEE (CO-ED)
- WRESTLING

### FEMALE ATHLETICS

- BADMINTON
- BASKETBALL
- CROSS COUNTRY RUNNING
- GOLF
- RUGBY
- SOCCER
- SOFTBALL
- TRACK AND FIELD
- ULTIMATE FRISBEE (CO-ED)
- VOLLEYBALL
- WRESTLING

## NOTRE DAME ATHLETICS



ULTIMATE FRISBEE



FOOTBALL



RUGBY



BASKETBALL



SOCCER



BASEBALL



SOFTBALL



BADMINTON



WRESTLING



VOLLEYBALL



CROSS COUNTRY



TRACK & FIELD



GOLF





## GRADUATE PLACEMENT: GRADUATING CLASS OF 2018 QUICK FACTS

72	total graduates
28	Four Year Hounds
6	Countries Represented in Graduates
52	Attending Post-secondary Institutions
17	Playing Junior Hockey or Undecided
4	Playing a Post Graduate Year
12	Playing in the NCAA, USport or ACAC
1	Serving Their Country

The 2017/18 graduating class was collectively awarded **\$800 Thousand** in Post-Secondary Scholarships



### 2018 graduates are attending the following post-secondary institutions:

#### CANADA

##### BRITISH COLUMBIA

University of British Columbia (Okanagan)  
University of Victoria  
Vancouver Island University

##### ALBERTA

Lethbridge University  
Olds College  
Red Deer College  
Southern Alberta Institute of Technology  
University Of Calgary  
St Mary's University (Calgary)  
Concordia University (Edmonton)  
University of Alberta  
Grand Prairie Regional College

##### SASKATCHEWAN

University of Saskatchewan  
University of Regina  
First Nations University of Canada

##### ONTARIO

Western University  
University of Toronto  
University of Ottawa

##### NEW BRUNSWICK

University of New Brunswick

##### NOVA SCOTIA

St Francis Xavier University

#### UNITED STATES

##### ARIZONA

Mesa Community College

##### ILLINOIS

Bradley University

##### MASSACHUSETTS

Nicholas College

##### MINNESOTA

St Cloud State University

##### NORTH DAKOTA

University of North Dakota

##### VIRGINIA

Liberty University

## SPIRITUAL GROWTH

With an emphasis on the affirmation of God's existence and the primacy of the spiritual, Notre Dame is proud of its program of spiritual development for our students. The Tower of God, with its walls dedicated to the three monotheistic religions (Judaism, Christianity and Islam) reflects Notre Dame's open minded approach that welcomes students of all faiths and backgrounds.

Rooted in the Catholic tradition, with the Gospel of Christ as its anchor, Notre Dame's spiritual development program includes a weekly Lord's Day liturgy at St. Augustine's Church, daily prayer and spiritual reflection at a student-wide assembly, a weekly Gospel reflection, Hounds for Humanity program, grade-level retreats and a charism to intercede for the needs of others through Our Lady, Notre Dame.

All students participate in Christian Ethics classes which include involvement in Works of Mercy outreach, where students do "small things with great love" for our surrounding community.

Our church doors are always open, providing a quiet place for reflection and prayer.

## GET INVOLVED: ACTIVITIES, ARTS AND CO-CURRICULAR PROGRAMMING

Try something new, get to know your fellow Hounds, challenge yourself and be a part of something great by joining one of Notre Dame's many clubs!

YEARBOOK CLUB	MULTIMEDIA CLUB
HOUNDS FOR HUMANITY	STUDENT REPRESENTATIVE COUNCIL
OUTDOOR EDUCATION	CHORAL CLUB: THE NOTRE DAME CANADIANS
ART CLUB	
DRAMA CLUB	WORKS OF MERCY OUTREACH

Père's Activity Centre, or "The PAC", is a co-ed, supervised recreational space equipped with a large screen TV, lounge chairs, foosball tables, pool tables, air hockey, a mini stick arena, a sound system, graffiti wall and a huge collection of board games. Designed by students for students, this is a place to hang out with friends or participate in one of our programmed activity or movie nights.

Residential game competitions take place throughout the year and all students are divided into three different house teams: Gunner, Woodchopper or Badger Houses. Each House is made up of female and male students who compete as a team in a variety of games and activities; absorbing the spirit of their House as they compete with pride, teamwork and loyalty.

Students also have the opportunity to go on shopping trips to Regina, attend Western Hockey League games, go to the movies and participate in local area attractions.





## **TO APPLY TO NOTRE DAME:**

PHONE: 306.732.1203  
EMAIL: [nd.admissions@notredame.ca](mailto:nd.admissions@notredame.ca)  
WEBSITE: [www.notredame.ca/page/admissions](http://www.notredame.ca/page/admissions)

P.O. Box 100, Wilcox, Saskatchewan, Canada S0G 5E0